

SPRING SUMMER 2025 MAIN IOW MENU

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese and Tomato Pizza with Garlic and Herb Bread	BBQ Chicken with Rainbow Rice	Roast Pork with Roast Potatoes and Gravy	Classic Beef Burger with Potato Wedges	Battered Pollock with Chips
Vegetarian	Broccoli, White Bean and Leek Tart	Macaroni Cheese	Butternut Squash Tomato Bake with Garlic and Herb bread	Quorn Burger with Potato Wedges	Veggie Fingers with Chips
Dessert	Chocolate Brownie	Fruits of the Forest Jelly	Banoffee Pie	Strawberry Ice Cream	Ginger Biscuit with Fruit

BAKED POTATOES SERVED DAILY with a choice of toppings.

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Macaroni Cheese	BBQ Chicken Pizza With Potato Wedges	Roast Gammon with Roast Potatoes and Gravy	Beef Bolognese with Wholewheat Pasta	Fish Fingers with Chips
Vegetarian	Sweet Potato and Lentil Curry with Wholegrain Rice	Meatless Feast Cheesy Pizza with Potato Wedges	Sweet Potato, Chickpea and Herb Roast with Gravy	Tex Mex Vegetable Fajita Wrap with Wholegrain Rice	Quorn Dippers with Chips
Dessert	Apple and Golden Syrup Cake	Strawberry Jelly	Flapjack with Fruit	Chocolate Ice Cream	Lemon Emerald Cake

BAKED POTATOES SERVED DAILY with a choice of toppings.

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese and Tomato Pizza with Garlic and Herb Bread	Sausage Hot Dog with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Oat Crusted Chicken with Wholegrain Rice	Fish Fingers with Chips
Vegetarian	Chilli no Carne with Crispy Tortilla with Wholegrain Rice	Veggie Sausage Hot Dog with Potato Wedges	Roast Quorn with Roast Potatoes and Gravy	Meatless Shepherd's Pie with Gravy	Quorn Dippers with Chips
Dessert	Flapjack	Peach and Ginger Pudding	Oatie Cookie with Fruit	Vanilla Ice Cream	Crunchy Chocolate Mousse

BAKED POTATOES SERVED DAILY with a choice of toppings.

